



Building Strengths-Based Teams

5 Steps to Transform Your Team in 90 days

Leading Higher, LLC

www.leadinghigher.com

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Build a Strengths-Based Team

Step 1: Identify Strengths

Strengths “Science”
Definitions
Individual Reflection Assignment
Team-Building Exercise

Step 2: Evaluate Team Strengths

The Four Domains
Map Your Team’s Strengths
Team-Building Exercise
Fill in the Gaps

Step 3: Coach and Develop

Strengths-Based Leadership Strategies
Strengths Application
Individual Reflection Assignment
1:1 Meetings with Each Team Member
Leader Action Plan

Step 4: Negotiate Roles

Team-Building Exercise
Role Negotiation
Role Negotiation Exercise

Step 5: Maximize Engagement

Strengths-Based Leadership
Engagement Survey

The 3-month program includes:

- ❖ 3 one-on-one coaching sessions for Team Leader
- ❖ 30 page workbook for each team member
- ❖ 3 team-building exercises
- ❖ 2 individual reflection assignments
- ❖ Team leader action plan
- ❖ 3 months of guided support
- ❖ Pre- and Post-engagement survey to assess ROI


• elevate to excellence •

***Take Strengths to the NEXT LEVEL and
Transform your Team in 90 days!***

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